

Information Brief

Focus on Families

Keeping Our Children Drug Free

SCHOOLS can help our children remain drug free by:

- ☞ Establishing clear and specific rules regarding drug use that include strong corrective measures.
- ☞ Enforcing established policies against drug use fairly and consistently.
- ☞ Implementing a comprehensive K-12 drug prevention curriculum to teaching that drug dependency is dangerous and harmful.
- ☞ Reaching out to parents and community for support and assistance in making the school's anti-drug policy and program work.

PARENTS can help our children remain drug free by:

- ☞ Teaching standards of right and wrong and demonstrating these standards by personal example.
- ☞ Helping children to resist peer pressure to use drugs by supervising their activities, knowing who their friends are, and talking with them about their interests and problems.
- ☞ Being knowledgeable about drugs and signs of drug use and responding promptly when symptoms are observed.

STUDENTS can help themselves and peers to remain drug free by:

- ☞ Learning about the effects of drug use, the reasons why drugs are harmful, and ways to resist pressures to try drugs.
- ☞ Encouraging other students to resist drugs, persuading those using drugs to seek help, and reporting those selling drugs to parents and the school principal.

COMMUNITIES can help our children remain drug free by:

- ☞ Providing schools with the expertise and financial resources of community agencies.
- ☞ Establishing mutually supportive relationships among the schools, police, and courts.